

For more information:



Chesapeake Parks, Recreation, & Tourism

1224 Progressive Drive, Suite 200
Chesapeake, VA 23320
382-6411; (888) 889-5551

Hampton History Muesuem and Visitor Center

120 Old Hampton Lane
Hampton, VA 23669
727-1102; (800) 800-2202

Newport News Visitor Information Center

13560 Jefferson Avenue
Newport News, VA 23603
886-7777; (888) 493-7386

Norfolk Convention and Visitors Bureau Visit Norfolk

232 East Main Street #A
Norfolk, VA 23510
664-6620, (800)368-3097

Norfolk Visitors Center at Ocean View

9401 4th View Street
Norfolk, VA 23503
441-1852

Portsmouth Convention and Visitors Bureau

505 Crawford Street, Suite 2
Portsmouth, VA 23704
393-5327, (800)767-8782

Portsmouth Visitor's Information Center

6 Crawford Parkway
Portsmouth, VA 23704
393-5111

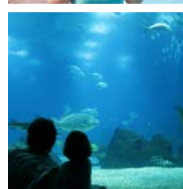
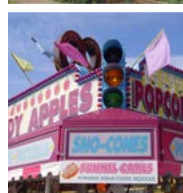
Virginia Beach Convention & Visitors Bureau

2100 Parks Avenue
Virginia Beach, VA 23451
437-4919, (800) 822-3224



Little Creek/Fort Story (757) 462-7563
Newport News (757) 688- 6289
Norfolk/Portsmouth (757) 444-2102
Northwest (757) 421-8770
Oceana/Dam Neck (757) 433-2912
Yorktown (757) 887-4606

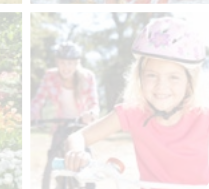
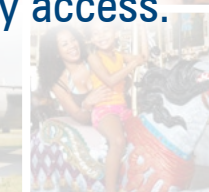
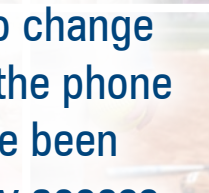
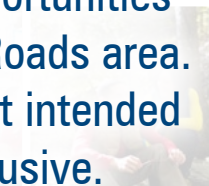
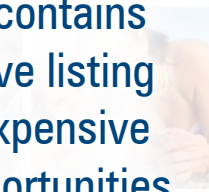
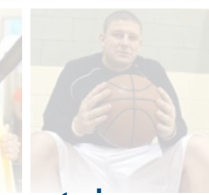
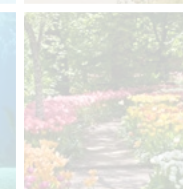
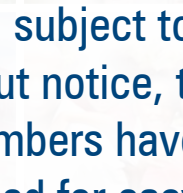
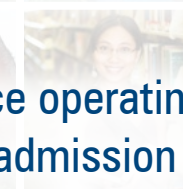
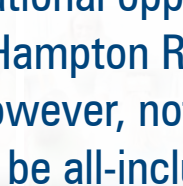
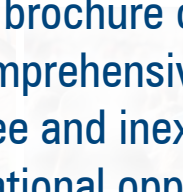
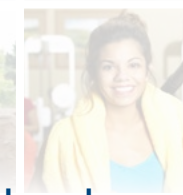
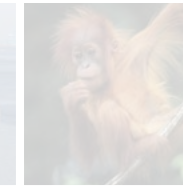
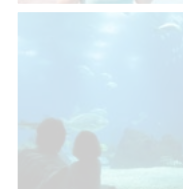
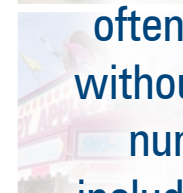
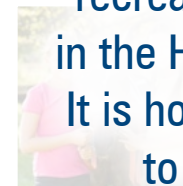
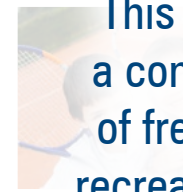
www.cnic.navy.mil/navylifema



Free and Inexpensive Things to Do in Hampton Roads



FLEET & FAMILY SUPPORT CENTERS MID ATLANTIC



This brochure contains a comprehensive listing of free and inexpensive recreational opportunities in the Hampton Roads area. It is however, not intended to be all-inclusive.

Since operating hours and admission fees are often subject to change without notice, the phone numbers have been included for easy access.

Museums

- * **The Children's Museum of Virginia**, Portsmouth 393-5258
 - * **The Lightship Museum**, Portsmouth 393-8741
 - * **The Portsmouth Naval Shipyard Museum**, Portsmouth .. 393-8591
 - * **Portsmouth Art & Cultural Center**, Portsmouth 393-8543
- * A Key Pass may be purchased which will cover admission to these four museums for one person (good for 30 days). Call 393-8543 for information.

Air Power Park, 413 W. Mercury Blvd., Hampton (FREE) .. 726-0650 (Self-guided tour)

Atlantic Wildfowl Heritage Museum (free; Virginia Beach) 437-8432

Battleship Wisconsin (Berthed at Nauticus) 664-1000 (Entry cost included in price of admission to Nauticus)

The Casemate Museum, Fort Monroe (FREE; Located in Hampton) 788-3391

Chrysler Museum, Norfolk (Closed Mondays)..... 664-6200

The Hampton Roads Naval Museum (FREE; Located inside Nauticus)..... 444-8971/322-2987

MacArthur Memorial Museum, Norfolk (FREE; donations accepted, Closed Mondays)..... 441-2965

Mariner's Museum, Newport News (Military discount) 596-2222

Museum of the Albemarle (FREE; Elizabeth City, NC: Closed Sunday & Monday)...252-335-1453

Nauticus, The National Maritime Center Norfolk Waterfront (Military discount) 664-1000

North Carolina Aquarium, Roanoke Island 252-473-3494

Old Coast Guard Station, Virginia Beach 422-1587

Riddick's Folly House Museum (Suffolk; A/D discount; Closed Monday & Tuesday) 934-0822

The U.S. Army Transportation Museum, Fort Eustis (FREE; Located in upper Newport News; Closed Mondays)..... 878-1115

Virginia Air and Space Museum/Hampton Roads History Center, Hampton (Family Memberships available; Military discounts).... 727-0900

Virginia Aquarium and Marine Science Center, Virginia Beach (Family Memberships available) 385-FISH

Virginia Living Museum, Newport News 595-1900 (Family memberships available; Military discounts)

Virginia Sports Hall of Fame, Portsmouth 393-8031 (Military discount)

Virginia War Museum, Newport News (Active duty military discount on admission) 247-8523

Morale, Welfare, & Recreation Dept.



Cheatham Annex ITT Office	887-4350
Midway Manor Youth Center	444-1007
JEB Little Creek ITT* Office	462-7665
JEB Little Creek Youth Center	462-8718
NAS Oceana ITT Office	433-3301
NAS Oceana, Dam Neck Annex Liberty Center	492-6806
NAS Oceana, Dam Neck Annex ITT Office @ The Dunes	492-7053
NAS Oceana Youth Center	433-3976
NSA HR Naval Medical Center Portsmouth ITT Office	953-5090
Naval Station Norfolk ITT Office	445-6663/6664
Naval Support Activity Norfolk Youth Center	444-8259
Norfolk Naval Shipyard, Portsmouth Youth Center	396-1990
NSA Norfolk, Northwest Annex ITT Office	421-8628
NSA Norfolk, Northwest Annex Youth Center	421-8258
NWS Yorktown ITT Office	887-4609
NWS Yorktown Youth Center	887-4310

**Information, Tickets, & Tours (ITT)
MWR website: www.discovermwr.com*

Recreation Centers Virginia Beach



Bayside Center , 4500 First Court Road	460-7540
Bow Creek Center , 3427 Clubhouse Road...(Closed for Renovation. Re-opens Early 2015)	
Great Neck Center , 2521 Shorehaven Drive.....	496-6766
Kempsville Center , 800 Monmouth Lane	474-8492
Princess Anne Center , 1400 Nimmo Pkwy	426-0022
Seatack Center , 141 South Birdneck Road	437-4858
Williams Farm	385-2950
Annual Fees for Facility Use Cards: Month-to-month membership available.	
Children 2 and under	free with parent's card
Children age 3-8	\$29.00 per year
Youth age 9-17	\$34.00 per year
Adult age 18-59	\$83.00 per year
Senior Resident (60 and up)	\$67.00 per year

City Parks and Recreation Dept.



Chesapeake (Main Office)	382-6411
Hampton	727-6348
Newport News	926-1400
Norfolk	441-2400
Portsmouth	393-8481
Suffolk	514-7250
Virginia Beach	385-0400/1100 Admin.
York County	890-3500

Parks



Bayville Farms Park , Virginia Beach (Handicapped and therapeutic course)	460-7569
City Park , Chesapeake	312-0243
City Park , Portsmouth.....	465-2937
City View Park , Virginia Beach.....	479-0106
First Landing/Seashore State Park , Virginia Beach	412-2300
Gosnold's Hope Park , Hampton.....	850-5116
JT's Grommet Island Beach Park , Virginia Beach.....	385-5110
Playground for EveryBODY, wheelchair accessible; (Located at the Virginia Beach Oceanfront)	
Mount Trashmore , Virginia Beach.....	473-5237
Munden Point Park , Virginia Beach	426-5296
Newport News Park , Newport News	886-7912
Northwest River Park , Chesapeake	421-7151
PETA's Bea Arthur Dog Park , Norfolk	622-7382/962-8302
(Open 24 hours: Free)	
Princess Anne Athletic Complex , Virginia Beach	385-0458
Redwing Park , Virginia Beach.....	437-2038
Sandy Bottom Nature Park , Hampton.....	825-4657
Sleepy Hole Park , Suffolk.....	514-7285

Historic Houses



Adam-Thoroughgood House , Virginia Beach (Closed Monday)	460-7588
Ferry Plantation House , Virginia Beach.....	473-5182
Hermitage Foundation Museum , Norfolk.....	423-2052
Hill House , Olde Towne, Portsmouth (Open April-Dec.)	393-0241
Francis Land House and History Park , Virginia Beach	385-5100
Lynnhaven House , Virginia Beach	460-7109
Moses Myers House , Norfolk	333-1087/664-6300
Upper Wolfsnare , Virginia Beach	491-3490
Willoughby-Baylor House , Norfolk (Includes Norfolk History Museum)	664-6200

Beaches



Buckroe Beach , Hampton
City Beach Park , Norfolk
Community Beach Park , Norfolk
Huntington Park , Newport News
Fort Story Beach , Virginia Beach
JEB Little Creek Beach , Virginia Beach
Ocean View Beach , Norfolk

- Resort Oceanfront and Boardwalk**, Virginia Beach
- Sandbridge Beach**, Virginia Beach
- Sandbridge/Little Island Park**, Virginia Beach
- Seabreeze Beach**, NAS Oceana Dam Neck Annex, Virginia Beach

Miscellaneous



Beach Events feature family entertainment and festivals at the Virginia Beach oceanfront, **425-3111**, www.beachstreetusa.com.

Festevents is a non-profit organization that manages, for the City of Norfolk, the production of year-round special events and programs on the downtown Norfolk waterfront. Many of the festivals and entertainment are free and open to the public. Events are usually held at Town Point Park, and yearly schedules are available from the Festevents Office, **441-2345**.

The Tide (HRT) Norfolk Lighthouse. For more information call **222-6100**.

Tidewater Winds Summer Band Concerts (free). For more information call **480-0953**.

Trolley Tours for Norfolk, Portsmouth, and Virginia Beach sites are available. Call **222-6100** for fares and locations.

Virginia Beach Annual Neptune Festival at the oceanfront features an air show (held earlier in September at NAS Oceana), entertainment, a parade and fireworks the last week in September. For more information call **498-0215**. www.neptunefestival.com

Other Places of Interest



- Backbay National Wildlife Refuge**, Virginia Beach.....
- Bear Pack Acres Animal Education Center**, Franklin
- Bluebird Gap Farm**, Hampton (open Wed-Mon; FREE)
- Colonial Williamsburg**
- (Discount tickets available at ITT Offices)
- Contemporary Art Center of Virginia**, Virginia Beach
- Currituck Sound Ferry** (FREE).....
- Great Dismal Swamp National Wildlife Refuge**, Suffolk
- Gum Tree Farm**, Chesapeake
- Hoffler Creek Wildlife Preserve**, Portsmouth.....
- Jamestown Settlement**, Williamsburg.....
- (ITT rates available at bases)
- NASA Langley Research Center, Visitor's Center**, Hampton
(Now located at the Virginia Air and Space Museum)
- Norfolk Botanical Garden**.....
- Old Cape Henry Lighthouse Fort Story**, Virginia Beach
(Admission free in uniform)
- Virginia Zoological Park**, Norfolk.....
- Wright Brothers National Memorial**, Kill Devil Hills, NC ...

- City Public Libraries** — books, films, exhibits, video tapes, audio tapes, and records
 - Chesapeake**
 - Hampton**
 - Newport News (Admin)**.....
 - Norfolk**.....
 - Portsmouth**
 - Virginia Beach**.....
 - Yorktown**
- (Bi-monthly "Update" newsletters are available in each Virginia Beach library listing activities offered.)

- Shopping Malls**
- Chesapeake Square Mall, Greenbrier Mall**.....
- MacArthur Center Mall**,
- The Gallery at Military Circle Mall**
- Patrick Henry Mall**.....
- Landstown Commons, Lynnhaven Mall,**
- Pembroke Mall**
- Peninsula Town Center (formerly Coliseum Mall)**
- Williamsburg Premium Outlets**
- Malls also host craft shows, antique shows, exhibits, etc.*
- Society for the Prevention of Cruelty to Animals**
- Norfolk**
- Peninsula** (has petting zoo)
- Virginia Beach**

- Navy ship tours when available**
- Call to schedule (carriers only)
- All others

Movie Theaters:
Discount movie tickets to area theaters (including AMC and Regal Cinemas) are available at the ITT offices.

JEB Little Creek Base Theater (\$2.00 movies).....

NAS Oceana Base Theater (\$2.00 movies)

Base Tours

NAS Oceana (June-September).....

Email: OceanaPAO@navy.mil

Website: www.cnic.navy.mil/regions/cnrma/installations/nas_oceana/about/visitor_information.html

Universities



- NAVSTA Norfolk**
- Christopher Newport University**, Newport News
- College of William & Mary**, Williamsburg
- Hampton University**, Hampton
- Norfolk State University**, Norfolk
- Old Dominion University**, Norfolk
- Paul D. Camp Community College**, Franklin/Suffolk
- Regent University**, Virginia Beach
- Tidewater Community College**, area campuses
- Thomas Nelson Community College**, Hampton
- Virginia Wesleyan College**, Virginia Beach